

	Monday	Tuesday	Wednesday	Thursday	Friday	Other Activities
AM	<p>Soft Play 9.00-9.45 10.00-10.45 11.00-11.45 Rainbow Family Centre</p> <p>Sensory Play 9.30-12.00 Rainbow Family Centre</p> <p>Time for Rhyme Rainbow Family Centre 9.30-10.15</p> <p>Little Movers Bunnyhill 10.00-12.00 £3 per child Booking essential</p> <p>Stay & Play Maplewood 9.30-11.00</p> <p>Bosom Buddies Fulwell Community Library 10.00-11.00</p>	<p>Stay and Play Bunny Hill 9.30-11.00</p> <p>Sensory Play 9.30-12.00 Bunny Hill</p> <p>Soft Play Rainbow Family Centre 9.00-9.45 10.00-10.45 11.00-11.45</p> <p>Sensory Play Rainbow Family Centre 9.30-12.00</p> <p>Stay and Play Rainbow Family Centre 9.30-11.00</p> <p>Baby Days Bunny Hill 9.00-11.00</p>	<p>Baby Days Rainbow Family Centre 9.30-11.30</p> <p>Soft Play Rainbow Family Centre 9.00-9.45 10.00-10.45 11.00-11.45</p> <p>Sensory Play Rainbow Family Centre 9.30-12.00</p> <p>Baby Days Monkwearmouth Health Centre 10.00-11.30</p> <p>Little Learners Bunnyhill 10.00-11.30 £5 per child Booking essential littlelearnersuk.com/book-a-class or call 07833 222219 (commencing 5th September 2018)</p>	<p>Soft Play Rainbow Family Centre 9.00-9.45 10.00-10.45 11.00-11.45</p> <p>Sensory Play Rainbow Family Centre 9.30-12.00</p> <p>Sensory Play 9.30-12.00 Bunny Hill</p> <p>Autism Toddler Group Rainbow Family Centre 9.30-11.00</p> <p>Miss Tina's Southwick Bosom Buddies 10.00-11.30</p> <p>Story Party Maplewood 9.30-10.30 Booking required</p>	<p>Little Movers Rainbow Family Centre 10:00-11:30 £3 per child Booking essential</p> <p>Soft Play Rainbow Family Centre 9.00-9.45 10.00-10.45 11.00-11.45</p> <p>Sensory Play Rainbow Family Centre 9.30-12.00</p> <p>Sensory Play 9.30-12.00 Bunny Hill</p> <p>Bosom Buddies Bunnyhill 10.00-12.00</p>	<p>Baby Massage (0-6 months)</p>  <p>Baby Signing (6 months+)</p>  <p>Weaning Support and guidance on starting to wean your baby from 6 months.</p>  <p>The above sessions run at various times and days during the week, they are all free. To book a place contact Rainbow Family Centre or Bunnyhill Children Centre on: 0191 5613995 or 0191 5618126</p>

	Monday	Tuesday	Wednesday	Thursday	Friday	
PM	<p>Soft Play 1.00-1.45 2.00-2.45 Rainbow Family Centre</p> <p>Baby Days Fulwell Medical Centre 1.30-3.30</p> <p>Pregnancy Birth and Beyond Bunnyhill For more information contact your midwife or health visitor.</p> <p>Little Movers Rainbow Family Centre 1:00-3:00 £3 per child Booking essential</p> <p>Sensory Play Bunny Hill 1.00-3.00</p> <p>Sensory Play Rainbow Family Centre 1.00-3.00</p> <p>Time for Rhyme Maplewood 1.00-1.45</p>	<p>Time for Rhyme Bunny Hill 2.00-2.45</p> <p>Soft Play Rainbow Family Centre 1.00-1.45 2.00-2.45</p> <p>Pregnancy Birth and Beyond Rainbow Family Centre For more information contact your midwife or health visitor.</p> <p>Sensory Play Rainbow Family Centre 1.00-3.00</p> <p>Sensory Play Bunny Hill 1.00-3.00</p> <p>Bosom Buddies Rainbow Family Centre 1.00-2.30pm</p>	<p>Busy Bodies Rainbow Family Centre 1.30-2.30</p> <p>Soft Play Rainbow Family Centre 1.00-1.45 2.00-2.45</p> <p>Sensory Play Rainbow Family Centre 1.00-3.00</p> <p>Sensory Play Bunny Hill 1.00-3.00</p> <p>Outdoor Group Maplewood 1.00-2.30</p>	<p>Soft Play Rainbow Family Centre 1.00-1.45 2.00-2.45</p> <p>Sensory Play Rainbow Family Centre 1.00-3.00</p> <p>Baby Days Rainbow Family Centre 1.30-3.00</p> <p>Sensory Play Bunny Hill 1.00-3.00</p>	<p>Soft Play Rainbow Family Centre 1.00-1.45 2.00-2.45</p> <p>Sensory Play Rainbow Family Centre 1.00-3.00</p>	<p>Are you interested in attending a parenting course?</p>  <p>Ask your local Children Centre today about what's on in your area.</p>