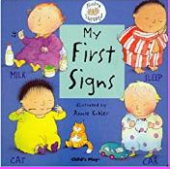


	Monday	Tuesday	Wednesday	Thursday	Friday	Other Activities
<b>AM</b>	<p><b>Soft Play</b> 9.00-9.45 10.00-10.45 11.00-11.45 Rainbow Family Centre</p> <p><b>Sensory Play</b> 9.30-12.00 Rainbow Family Centre</p> <p><b>Time for Rhyme</b> Rainbow Family Centre 9.30-10.15</p> <p><b>Little Movers</b> Bunnyhill 10.00-12:00 £3 per child Booking essential</p> <p><b>Stay &amp; Play</b> Maplewood 9.30-11.00</p> <p><b>Bosom Buddies</b> Fulwell Community Library 10.00-11.00</p>	<p><b>Stay and Play</b> Bunny Hill 9.30-11.00</p> <p><b>Sensory Play</b> 9.30-12.00 Bunny Hill</p> <p><b>Soft Play</b> Rainbow Family Centre 9.00-9.45 10.00-10.45 11.00-11.45</p> <p><b>Sensory Play</b> Rainbow Family Centre 9.30-12.00</p> <p><b>Stay and Play</b> Rainbow Family Centre 9.30-11.00</p> <p><b>Baby Days</b> Bunny Hill 9.00-11.00</p>	<p><b>Baby Days</b> Rainbow Family Centre 9.30-11.30</p> <p><b>Soft Play</b> Rainbow Family Centre 9.00-9.45 10.00-10.45 11.00-11.45</p> <p><b>Sensory Play</b> Rainbow Family Centre 9.30-12.00</p> <p><b>Baby Days</b> Monkwearmouth Health Centre 10.00-11.30</p>	<p><b>Soft Play</b> Rainbow Family Centre 9.00-9.45 10.00-10.45 11.00-11.45</p> <p><b>Sensory Play</b> Rainbow Family Centre 9.30-12.00</p> <p><b>Sensory Play</b> 9.30-12.00 Bunny Hill</p> <p><b>Autism Toddler Group</b> Rainbow Family Centre 9.30-11.00</p> <p><b>Miss Tina's Southwick Bosom Buddies</b> 10.00-11.30</p>	<p><b>Little Movers</b> Rainbow Family Centre 10:00-11:30 £3 per child Booking essential</p> <p><b>Soft Play</b> Rainbow Family Centre 9.00-9.45 10.00-10.45 11.00-11.45</p> <p><b>Sensory Play</b> Rainbow Family Centre 9.30-12.00</p> <p><b>Sensory Play</b> 9.30-12.00 Bunny Hill</p> <p><b>Bosom Buddies</b> Bunnyhill 10.00-12.00</p>	<p><b>Baby Massage (0-6 months)</b></p>  <p><b>Baby Signing (6 months+)</b></p>  <p><b>Weaning Support and guidance on starting to wean your baby from 6 months.</b></p>  <p>The above sessions run at various times and days during the week, they are all free. To book a place contact Rainbow Family Centre or Bunnyhill Children Centre on: 0191 5613995 or 0191 5618126</p>

	Monday	Tuesday	Wednesday	Thursday	Friday	
PM	<p><b>Soft Play</b> 1.00-1.45 2.00-2.45 Rainbow Family Centre</p> <p><b>Baby Days</b> Fulwell Medical Centre 1.30-3.30</p> <p><b>Pregnancy Birth and Beyond</b> Bunnyhill For more information contact your midwife or health visitor.</p> <p><b>Little Movers</b> Rainbow Family Centre 1:00-3:00 £3 per child Booking essential</p> <p><b>Sensory Play</b> Bunny Hill 1.00-3.00</p> <p><b>Sensory Play</b> Rainbow Family Centre 1.00-3.00</p> <p><b>Time for Rhyme</b> Maplewood 1.00-1.45</p>	<p><b>Time for Rhyme</b> Bunny Hill 2.00-2.45</p> <p><b>Soft Play</b> Rainbow Family Centre 1.00-1.45 2.00-2.45</p> <p><b>Sensory Play</b> Rainbow Family Centre 1.00-3.00</p> <p><b>Sensory Play</b> Bunny Hill 1.00-3.00</p> <p><b>Bosom Buddies</b> Rainbow Family Centre 1.00-2.30</p>	<p><b>Busy Bodies</b> Rainbow Family Centre 1.30-2.30</p> <p><b>Soft Play</b> Rainbow Family Centre 1.00-1.45 2.00-2.45</p> <p><b>Sensory Play</b> Rainbow Family Centre 1.00-3.00</p> <p><b>Sensory Play</b> Bunny Hill 1.00-3.00</p> <p><b>Outdoor Group</b> Maplewood 1.00-2.30</p>	<p><b>Soft Play</b> Rainbow Family Centre 1.00-1.45 2.00-2.45</p> <p><b>Sensory Play</b> Rainbow Family Centre 1.00-3.00</p> <p><b>Baby Days</b> Rainbow Family Centre 1.30-3.00</p> <p><b>Sensory Play</b> Bunny Hill 1.00-3.00</p>	<p><b>Soft Play</b> Rainbow Family Centre 1.00-1.45 2.00-2.45</p> <p><b>Sensory Play</b> Rainbow Family Centre 1.00-3.00</p>	<p>Are you interested in attending a parenting course?</p>  <p>Ask your local Children Centre today about what's on in your area.</p>