

Children's Centre Activities - Coalfields Locality: January 2019

For queries about activities please call: 01915616668

This timetable runs Term Time Only Play Activities Start January 7th until April 5th

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	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Time for Rhyme Barnwell 9.30-10.15	Time for Rhyme Houghton Library 9.30-10.15	Bosom Buddies Barnwell Academy 9.30-11.00 Baby Days Dubmire Aim Higher Academy 9.00-10.30	Stay and Play Dubmire 9.30-11.00	Busy Bodies Barnwell 9.30-11.00 Time for Rhyme Hetton Hub (Old Hetton Library) 9.30-10.15

	Monday	Tuesday	Wednesday	Thursday	Friday
PM	Baby Massage Hetton Centre Booking required 1.00-2.00	Baby Days Barnwell Academy 1.30-3.00 Stay & Play Barnwell 1.30-3.00 Stay & Play Easington Lane Community Access Point 1.00-2.30	Time for Rhyme 1.30-2.30 St Matthews Community Hall Newbottle	Weaning Group 12.30-1.15 Booking Required Barnwell Academy Baby Massage Barnwell Academy 1.30-2.30 Booking required	

Other Activities	<p>The following sessions runs at various times and days during the week, they are all free to book a place contact: 0191 5616668</p>	<p>Baby Massage (0-6 months)</p> 	 <p>Baby Signing (6 months+)</p>	<p>Weaning Support and guidance on starting to wean your baby from 6 months</p> 	 <p>Are you interested in attending a parenting course?</p>
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Do you want to stop smoking? Speak to your local Children Centre about how you can be referred to the City's Smoking Cessation service or for more advice and support ring the Live Life Well team on 0800 107 0741.

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