

Sunderland Healthy Schools Award 2020/21 – Guidelines and Application

A positive, healthy school environment enables pupils and staff to enjoy coming to school and the wider school community to feel part of the school. These factors all contribute to children and young people maximizing their potential at school.

The Sunderland Healthy Schools Award has been developed by a local multi-agency group of health, education and social care professionals to support Sunderland schools to establish a positive, healthy school environment. In addition, the award recognizes the dedication of schools within the city to the health and wellbeing of their pupils, staff and local communities. Participation in the award will also support schools to prepare for Ofsted inspection as each charter has been developed in line with Ofsted guidance and physical health, mental health and emotional wellbeing are all key components of Ofsted's common inspection framework.

Healthy Schools Award Criteria

The Sunderland Healthy Schools Award consists of five criteria which include all aspects of health & wellbeing:

- Anti-Bullying and online safety
- Exercise & Activity
- Food & Nutrition
- Mental Health & Emotional Wellbeing
- Relationships, Sex and all other aspects of health and wellbeing

Where possible criteria have been directly connected to pre-existing locally developed charter marks. Two new charter marks have been developed to ensure all aspects of health are considered under the Healthy Schools Award:

Criteria	Link to Charter	Status	Contact
Anti-bullying and online safety	Anti-Bullying Charter Mark	Existing	wendy.coghlan@togetherforchildren.org.uk
Exercise & Activity	Great Active Sunderland Schools Charter	Existing	yvonne.setchell@sunderland.gov.uk
Food & Nutrition	Food and Nutrition Charter Mark	New	karen.lightfoot-gencli@sunderland.gov.uk
Mental Health & Emotional Wellbeing	Mental Health Charter Mark	Existing	mentalhealthcharter@schools.sunderland.gov.uk
Relationships, sex and aspects of additional aspects of health and wellbeing	Relationships, Sex and Health Education Charter Mark	New	laura.cassidy@sunderland.gov.uk

Healthy Schools Award Eligibility

All schools and nurseries in Sunderland are eligible to take part in the Healthy Schools Award.

Healthy Schools Award Accreditation Levels

There are five levels of Healthy Schools Award Accreditation to acknowledged progress, dedication and achievement of schools at all stages of accreditation. Accreditation begins at Emerald level which acknowledges those schools who have begun their journey and peaks at Diamond level which reflects outstanding achievement in all aspects of the Healthy Schools Award.

Emerald	Bronze or above in at least 1 criteria, evidence of working towards bronze in other 4 areas
Bronze	Bronze or above in at least 3 criteria, evidence of working towards bronze in other 2 areas
Silver	Silver or above in at least 3 criteria, bronze in other 2 areas
Gold	Gold in at least 3 criteria, silver in other 2 areas
Diamond	Gold in all criteria

Healthy Schools Award Accreditation Process

The 2020/21 application process is available online. Applicants can edit or change survey responses at any time; however, applicants must use the same IP address (use same device in same location):

[Click Here to Apply for Accreditation](#)

Healthy Schools Award Updates, Advice and Support

Additional information and updates can be found on the Sunderland Healthy Schools Award Webpage:

<https://www.togetherforchildren.org.uk/professionals/sunderland-healthy-school-award>

If you require any support or have any queries, please get in touch with the below contacts:

- General Healthy Schools Queries - Healthy.Schools@togetherforchildren.org.uk
- Queries relating to the Anti-Bullying Charter Mark - wendy.coghlan@togetherforchildren.org.uk
- Queries relating to the Great Active Sunderland Schools Charter - yvonne.setchell@sunderland.gov.uk
- Queries relating to the Food & Nutrition Charter Mark - karen.lightfoot-gencli@sunderland.gov.uk
- Queries relating to the Mental Health Charter Mark - mentalhealthcharter@schools.sunderland.gov.uk
- Queries relating to the Relationships, Sex and Health Education Charter Mark - laura.cassidy@sunderland.gov.uk